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## FRESH FOOD SUPPLY CHAIN MANAGEMENT USING IoT

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Abstract: To ameliorate support for edible supplies companies in dealing with perishable products, capricious supply variations and stringent aliment safety and sustainability requisites, IoT predicated mechanisms can substantially be utilized. Traceability is no longer a request from consumers, but an ordinant dictation, and one that is only growing more vigorous. IoT predicated solutions enable supply chain actors to monitor, control, plan and optimize business processes remotely and in authentic-time through the Internet, predicated on sensor values in lieu of observation. This paper analyses the concept of victuals supply chains from an Internet of Things perspective and proposes an architecture to implement enabling information systems

Keywords: Sensing, communication, Internet of things.

## **I INTRODUCTION**

The global food supply chain brings us exotic fresh foods from around the world. But the challenges in ensuring affordable and healthy food are enormous. The food we eat is a lot less secure than we would like to imagine. Indeed, the World Health Organization estimates that nearly 1 in 10 people become ill every year from eating contaminated food. While it may be uncomfortable to imagine our food supply can be susceptible to such high profile attacks, what is more unsettling is that our food supply chain has grown so complex that it has become almost impossible for food producers to guarantee the provenance of their products—meaning consumers can never entirely trust in the food they eat.

Fresh food is easily contaminated, and spoiled. Contaminated food is mostly responsible for food-borne illnesses that affect 48 million people annually in the US alone. The issue in an nutshell is that it's a pain to manually test food that needs to stay at a certain temperature, but if you can monitor it constantly and wirelessly, you can save time and energy. Although transportation and distribution pipelines already include some level of temperature and quality monitoring at intermediate points, in this article we discuss a fine-grained, continuous monitoring of the products' quality. Assisted by centralized data collection and analytics, our proposed mechanisms can substantially reduce food waste, improve transportation efficiency, and support quick removal of contaminated or spoiled food from the supply chain. Food spoilage can be mitigated by improved tracking and sensing.

## **II FOOD SPOILAGE DETECTION**

The quality indicator of the food depends on the food sensors embedded in perspicacious packaging. Predictable Aliment spoilage can be apperceived by damage in food texture, flavor and/or alimental value. Two different varieties of yeasts can prime to food spoilage. The process in which True yeast metabolizes sugar engendering alcohol and carbon dioxide gas is kenned as fermentation. Erroneous yeast arises as dry film on the surface of foods with high sugar or acid content. Molds on foods are visible as mold magnification composed by filaments. The spores of molds float through the air to find congruous conditions to grow again. It can lead to illness such as nausea due to the consumption of contaminated food with molds.

*Smart Packaging:* It is possible to check and give information of the condition of victuals, packaging, or the environment, by the use of perspicacious containers. The purposes of the packages comprise bulwark, containment, communication with the utilizer, ergonomics and marketing. A humble form of astute packaging is the utilization of labels-such as a time-temperature Indicator (TTI)—that show the accumulated time-temperature history of a product [2].

The communication function is regulated by law and the congruous exhibit will influence the consumer taking of the product. The data must contain information regarding the weight, inception, ingredients, alimental value, precautions for use, mode of convey, and recycling or disposal.

Keenly intellective packaging examines the system, processes information, and existents it, without normally employing any action on the pabulum. The two methods in the astute packaging systems are 1. Fortifying data systems (bars labels or radiofrequency identification plates) used to stock or communicate data and 2. Designators of incidents or biosensors in packaging that sanction control of the environment and product packaging. [1].

**Integrity Designators:** To ascertain the integrity of the package in the distribution chain, Leakage designators or sensors are affixed to the packaging. Gas designators are a utilizable denotes of controlling the toxic composition of the gases engendered from decomposing aliment in a aliment container that can imperil the health of consumers; as a control measure, a vicissitude occurs in the designator color by chemical or enzymatic reaction (Figure 1). The tag is activated at the time of consumption, the seal is broken when a timer goes off, and a color change is experienced over time.[1]



## Figure1 Representation of gas indicators

To know the amount of oxygen and carbon dioxide leakage in meat products, a commercially available patented (Ageless Eye, Vitalon, and Samso-Checker) indicators are used.The leading commercially available fluorescence quenching sensor system is OxySense. This is used in the measurement of headspace or dissolved oxygen in transparent or semi-transparent, sealed packages. The system uses an oxygen sensor (O2xyDote) placed in the package before filling and is non destructive, rapid (measurements take less than 5 s) and able to withstand pasteurization temperatures without loss of sensitivity.[4]

*Freshness Designator:* Direct product quality information resulting from the microbial magnification or chemical changes within a pabulum product, is provided by freshness designators. Because of the reactions among the indicators

which are present in the package and microbial magnification metabolites, the Microbiological quality can be resolute. It is conventionally in the usage of labels on the container. This replication can be conditioned by the changes of substances that are cognate to the metabolism of microorganisms, such as the existence of volatile nitrogen compounds, amines, organic acids, carbon dioxide, ethanol, glucose, or sulfur compounds during storage betokening microbial magnification.

Glasgow's Strathclyde University researchers are developing a plastic indicator. These indicators signal the consumers that the food is going to lose its freshness and will get spoiled. The incipient designator will transmute color to provide an admonishment when pabulum is about to lose its freshness due to not proper packaging such as broken or damaged packaging, exceeded its expiry date, or has been not properly refrigerated.[6]



Figure 2: Indicator of freshness

*Optical Sensors:* Volatile compounds are being detected by Optical Sensors. There are many optical sensors. The optical sensor named Check pack will be able to notice the quality of aliment inside a container and admonish the users of aliment spoilage with the avail of volatile biomarkers coated on its surface [5]. The refractive index of the volatile components changes when they are in interaction with the biomarkers, which is sensed by the infrared (IR) light directed towards the sensor. This causes a shift in wavelength of the IR light reflected by the sensor. Predicated on the shift in wavelength, it can determine the volatile components and their concentration inside the container utilizing the mathematical reference model.

*MIP for selective detection:* MIP stands for Molecularlyimprinted polymers (MIP).These are a class of synthetic polymers which can find selective substances inside the food and is given by John Hopkins University Applied Physics Lab (APL) [5]. The low-cost and diminutive MIP-predicated sensor given by APL has an affinity to bind to amines and transmutes their color when binding is attained. A paramount ISO 3297:2007 Certified

vicissitude in colour avails the users understand if the aliment is spoilt.

## **III DATA COMMUNICATION**

The subsequent stage is to communicate supply chain object information in an effective and safe way. The data are first sent to intermediary platforms (internet gateways or cloud proxy machines) utilizing technologies such as networked RFID, near-field communication and wireless (sensor) networks, including Bluetooth, Zigbee, Wi-Fi and GPRS. These intermediary platforms are local computers that are customarily located at proximity of the contrivances to be connected. The remaining communication in the supply chain is done via electronic EDI or XML messages, usually in a service-oriented approach.

**RFID** TAGS: RFID uses electromagnetic fields to automatically identify and track tags attached to objects. The tags contain electronically-stored information. These contain keenly intellective electronic components which give details on the ID of the product, packed date and cost, offering many applications. These are relegated into four types: active, passive, semi active, and semi passive, depending on the potency supply for communication and other functions. These contrivances may be coupled to an article, box, container, or pallet and consequently can be identified and tracked. True physical tag maximum read distance is determined by the individual RFID reader and antenna power, the actual IC used in RFID tags. RFID tags can be read from a range of some meters away and beyond the line of optical discernment; active RFID have a reading range of 91 m or more and withal have a battery that enables them to communicate autonomously. Where as in the case of Passive tags there is no internal power supply; ergo, they are not able to communicate until the emission of an RFID reader is activated [1].

## IV CURRENT MARKET STATUS OF FOOD SENSORS

With deference to the utilization of keenly intellective on primary packaging systems, its use is extensive in countries such as Australia, Japan or Cumulated States, however, Europe has not been the same prosperous. One of the paramount circumscriptions that associate this type of packaging is a elevating of the final product due to the cost associated with information systems that offer keenly intellective packaging.

On the other side even with the disadvantage of high cost, it is correct that keenly intellective systems are able to offer valuable information about the State of the aliment. However, reporting on the State of a product is a jeopardy associated with the product that advises. The consumer will anon buy a product that offers no information to denote that its revocation is next, regardless of the State of the first one. Why the goal should be fixated on to offer a positive replication and integrated value to the bespeakers. For example, the designator of freshness of Figure 2 betokens the status of the fruit and offers consumers a valuable and positive information in the State of the product with the aim that buy you in the State that you like best for the consumer.[7]

## **V FUTURE SCOPE**

Current logistics operations follow fixed guidelines in the use of pre-cooling and cooling during transport and storage. A proactive, fine-grained quality-monitoring scheme allows for optimization in cooling based on the current condition of the products, predictions of quality deterioration in the future, expected transit time, the realizable monetary value of the product, cooling costs, and so on. IoT-based online monitoring approach using smart logistics can address the critical needs of reducing food waste, increasing transportation efficiency, and tracking food contamination. The emerging MI-based communications technology appears well suited for local communications in this environment; however, there are several challenges to making the technology work reliably in the highly dense and dynamic environment of real-world logistics operations. Further advances are needed to derive actionable intelligence from the collected data in real-world conditions, such as the presence of faulty modules or patchy cellular communications. Real-world logistics operations also have other complexities that make flexible distribution challenging, such as delivery contracts, party-specific distribution policies, and specific data-privacy needs. We hope this article will spur further research and result in solutions to many of these issues.

## VI CONCLUSION

Prelude of such inexpensive, portable contrivances for identifying spoilt victuals not only reduces sickness due to victuals poisoning, but additionally reduces wastage of pabulum as the customer needs to throw only the victuals that has spoilt and can confidently utilize the rest of the victuals. This provides more precise information than the expiry date on victuals packets. In recent years, astute packaging systems are outstanding between the studies on the technique of packaging. Bespeakers which give information about the freshness of the victuals, plenariness, reliability for the microbiological quality, status of the temperature and shelflife constitute a consequential part of astute packaging system. The quality of the aliment can be traced through the stages of distribution and storage with the bespeakers which have different working principles,. Thus, pabulum safety is provided in terms of both manufacturers and consumers by utilizing these designators in astute packaging technology.

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